

Australia's Number 1  
Spiritual Lifestyle Magazine

# INSIGHT

magazine

OCTOBER 2009

Real Life Story of a  
**House Exorcism**

Find Out What  
it Means to be  
**in the NOW!**

Discover the  
**Health & Lifestyle  
Benefits of Coconut**

Talking to the  
**Higher Self  
Meditation**

Learn How to  
Trust Your Own  
**Spiritual Authority**

Is Death the  
**Final Frontier?**

An Introduction to  
**Intuitive Tarot Reading**

Finding Calm:  
**A Buddhist Approach  
to Raising Children**

**PERSONAL INSIGHTS**

with

*Doreen Virtue*

+ Prayers for *Daily Guidance From Your Angels*

Step-by-Step Instructions for  
**Creating Your Own Compost**  
& What you can and cannot put in it

Your Questionnaire to  
**Find True Love**

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# CONTENTS

## OCTOBER 2009



### COVER STORIES

- 04** Personal Insights with Doreen Virtue  
+ *Daily Guidance from Your Angels*
- 06** An Introduction to Intuitive  
Tarot Reading  
By Allison Winter
- 10** Finding Calm - A Buddhist  
Approach to Raising Children  
By Sarah Naphali
- 13** True Love + Your Questionnaire  
to Find True Love  
By Cimone-Louise Fung
- 18** Talking to the Higher Self  
with Meditation  
By Kerrie-Jean Erwin
- 22** Learn What it Means to be in The Now  
By Merv Harvey
- 26** Real Life Story of a House Exorcism  
By James Griffiths
- 28** Learn How to Trust Your Own  
Spiritual Authority  
By Dr. Steven Farme
- 30** Is Death the Final Frontier?  
By Barry Eaton
- 42** Step-by-Step Instructions for  
Creating Your Own Compost  
By Anna Beresford-Smith
- 44** Discover the Health & Lifestyle  
Benefits of Coconut  
By Gabriela Rosa

### FEATURES

- 08** We Are Family ...  
By Ezio De Angelis
- 16** Astro\*Carto\*Graphy  
- Where to Go for Conscious Growth  
By Karen Chiarello
- 20** Discovering the Guru Between the  
Morning Cappuccino & Late Night  
Television  
By Matt Omo
- 24** How Much Demand Do You Command?  
By Behram Ghista

### REGULARS

- 32** Insights Into Me: Prayer Energy  
By Richard Lawrence
- 34** Wish List
- 36** Movement: Muscle Training at Home  
By Stuart Lyall
- 38** The Art of Manasa Yoga  
By Megan Ward
- 40** Druid's Garden: Parsley  
By Ben Sorensen
- 42** Holistic Home: The Quick & Dirty  
Guide to Composting  
By Anna Beresford-Smith
- 44** Nutrition: Coconut Bliss  
By Gabriela Rosa
- 46** Spirit-ed Kids  
With Juliana Suranyi
- 47** Ask A Naturopath  
By Glen Gillard
- 48** Travel: Alcatraz - I Walk the Line  
By Helen Patrice
- 50** Sacred Wisdom: Living the Path of Alchemy  
By Elizabeth Peru
- 52** Crystals: Honouring the Crystal Spirit  
By Suzy Lily
- 54** Pagan: Understanding Magickal Names  
By Frances Billinghamurst
- 56** Horoscopes  
By Helen Hartley
- 58** Planets  
By Richard Giles
- 59** Look • See • Hear: Reviews
- 60** Insight Oracle: Directory Listings
- 63** NEW Practitioner Pages
- 64** Insight Giveaways + Subscription Form

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